



# Know Better, Do Better

## *Weekly workshops in dementia care*

We are excited to offer dementia education and support for all members of the community. Each workshop includes time for questions and answers. **There is no cost, but registration is required** for each session you would like to attend in **September**.

**Thursday, Sept. 1**

### **Navigating Dementia Panel 10–11 a.m.**

Join our Dementia Educators for a Q&A session to begin untangling the challenges of living with dementia and explore community resources available.

**Thursday, Sept. 8**

### **Communication Strategies (Improv) 10–11 a.m.**

Learn how improvisation techniques can enhance communication with persons living with dementia.

#### **Speaker: Michelle Cornelius, LMSW, EDM**

Vice President of Memory Care Engagement,  
Cadence Senior Living

**Thursday, Sept. 15**

### **Legal Issues Related to Incapacity and Paying for Care 10–11 a.m.**

A look at important legal documents that ensure the goals and wishes of the individual are carried out. Explore financial power of attorney documents that could make it much easier to obtain Medicaid/ALTCS benefits, as well as other options for paying for long-term care.

#### **Speaker: Emily B. Kile, Esq.**

Kile Law Firm, P.C.

**Thursday, Sept. 22**

### **What are the Most Common Types of Dementia? 10–11 a.m.**

This presentation provides an overview of dementia and describes the most common types and symptoms.

#### **Speaker: Maribeth Gallagher, DNP, PMHNP-BC, FAAN**

Dementia Program Director

**Thursday, Sept. 29**

### **Understanding Dementia: A challenging journey 9 a.m.–Noon**

A three-hour workshop to explore dementia and its progression, learn to maintain meaningful connections and discuss ways to reduce stress.

#### **Speaker: Maribeth Gallagher, DNP, PMHNP-BC, FAAN**

Dementia Program Director

#### **Dementia Care and Education Campus**

3811 N. 44th St., Phoenix, AZ 85018

[dementiacampus.org](http://dementiacampus.org)

For questions or to register, email

[DementiaCampusEvents@hov.org](mailto:DementiaCampusEvents@hov.org)

or call (602) 767-8300

*Activities for your person living with dementia may be available while you attend any of these events. Please contact us, if needed.*



**DEMENTIA CARE**  
*and* **EDUCATION**  
CAMPUS

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