



# Understanding Dementia: A challenging journey

Join us to learn more about dementia and helpful resources. All are welcome to this event, provided at **no charge**.

## Participants will:

- Understand dementia and how it progresses from early to advanced stages.
- Learn to develop strategies to make and maintain meaningful connections with the person with dementia.
- Further value the caregiver role and explore ways to reduce stress.

## Speaker: Maribeth Gallagher, DNP, FAAN

Dr. Gallagher directs Hospice of the Valley's Dementia Program, which has received national and international awards for its innovative approaches to dementia care. She is a psychiatric nurse practitioner with a doctoral degree in nursing. Her commitment to improving dementia care was initially inspired by her own experience as a family caregiver, sharing the journey with her loved one from diagnosis to death.



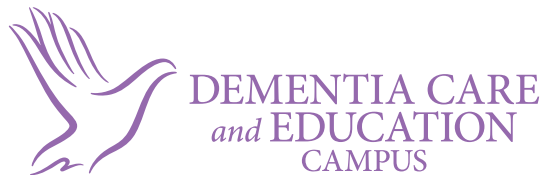
## Thursday, September 29, 2022

Registration: 8:30 a.m. • Program: 9 a.m.–Noon  
Seating is limited; please register early.

## Location

Dementia Care and Education Campus, Education Center  
3811 N. 44th St., Phoenix, AZ 85018

For questions or to register: email [DementiaCampusEvents2@hov.org](mailto:DementiaCampusEvents2@hov.org) or call (602) 767-8300



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*An innovation of Hospice of the Valley*