

# Know Better, Do Better Weekly workshops in dementia care

We are excited to offer dementia education and support for all members of the community. Each workshop includes time for questions and answers. There is no cost, but **registration is required** for each session you would like to attend in **August.** 

## Thursday, Aug. 4

### Medication Management 10-11 a.m.

This presentation will address medication safety and organization, and provide tips to help the person with dementia remain as independent as possible.

Speaker: Sara Crance, MSN, RN
Dementia Team Nurse

## Thursday, Aug. 18

### Navigating the Healthcare System 10-11 a.m.

Whether your person living with dementia is newly diagnosed or your well into the journey, spend an hour with our Dementia Doctor as he breaks down ways to navigate the healthcare system.

Speaker: Matthew Skinner, MD Dementia Program Medical Director

## Thursday, Aug. 11

## Exploring Options for Living 10-11 a.m.

Discussion around different living situation may be needed for your person with dementia, and what options are available in our community.

**Speaker: Helena Morgan, COTA/L**Dementia Educator & Placement Specialist

## Thursday, Aug. 25

### Meaningful Engagement 10-11 a.m.

Discover person-centered approaches to meaningfully connect with the person living with dementia using sensory and spiritual strategies that can optimize quality of life.

Speaker: Belinda Ordonez, MSN, FNP-BC Dementia Nurse Practitioner

Dementia Care and Education Campus 3811 N. 44th St., Phoenix, AZ 85018 dementiacampus.org



Activities for your person living with dementia may be available while you attend any of these events.

Please contact us, if needed.

For questions or to register, email **DementiaCampusEvents@hov.org** or call **(602) 767-8300** 



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