



Know Better, Do Better

Weekly workshops in dementia care

We are excited to offer dementia education and support for all members of the community. Each workshop includes time for questions and answers. **There is no cost, but registration is required** for each session you would like to attend in **July**.

Thursday, July 7

Home Safety 10–11 a.m. Is your home safe for a person living with dementia? Discuss functional changes caused by dementia and how they relate to daily life and home safety. Review potential hazards and possible solutions.

Speaker: Helena Morgan, COTA/L, Dementia Educator & Placement Specialist

Thursday, Jul 28

If I Only Knew Then What I Know Now 10–11 a.m. Our Dementia NP answers your questions about behavioral and sleep issues, communication challenges, common medications to avoid and much more.

Speaker: Belinda Ordonez, MSN, APRN, FNP-BC, CHPN, Dementia Nurse Practitioner

Thursday, July 14

Travel Well 10–11 a.m. Yes, travel and connection to family and friends can be possible — with careful planning, flexibility and assistance. Learn how to make travel successful for someone living with dementia.

Speaker: Jan Dougherty, MS, RN, FAAN, President of TravALZ & Author of “Travel Well with Dementia: Essential Tips to Enjoy the Journey”

Thursday, July 21

Communication Strategies 10–11 a.m. Explore improvisation techniques, sensory experiences and other person-centered approaches that optimize meaningful connections with someone with dementia.

Speaker: Michelle Bales, LMSW APhSW-C, Adult Day and Intergenerational Program Manager

Location

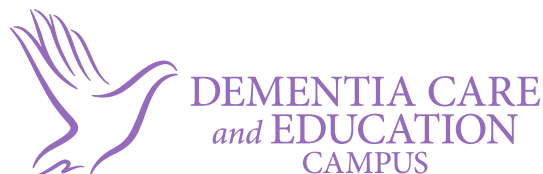
Dementia Care and Education Campus
3811 N. 44th St., Phoenix, AZ 85018
dementiacampus.org



Activities for your person living with dementia may be available while you attend any of these events. Please contact us, if needed.



For questions or to register,
email DementiaCampusEvents@hov.org
or call **(602) 767-8300**



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