



Know Better, Do Better

Weekly workshops in dementia care

We are excited to offer dementia education and support for all members of the community. Each workshop includes time for questions and answers. **There is no cost, but registration is required** for each session you would like to attend in **June**.

Thursday, June 2

Dementia Moments (optional)

9:15–10 a.m. – An experience that presses participants to perform some everyday tasks as if they were living with Alzheimer’s or another dementia.

What are the Most Common Types of Dementia?

10–11 a.m. – This presentation provides an overview of dementia and describes the most common types and symptoms.

Thursday, June 9

Interpreting the Language of Distress

10–11 a.m. – Common causes of dementia-related behaviors and ways to customize effective responses.

Thursday, June 16

Understanding the Journey of Dementia

9 a.m.–Noon – A three-hour workshop to explore dementia and its progression, learn to maintain meaningful connections and discuss ways to reduce stress.

Thursday, June 23

Music as Medicine

10–11 a.m. – This workshop discusses the benefits of music and creates customized playlists for the person living with dementia.

Thursday, June 30

Accentuating the Positives

10–11 a.m. – Consider new approaches to caring for persons living with dementia that focus on their abilities.

Location

Dementia Care and Education Campus
3811 N. 44th St.
Phoenix, AZ 85018

dementiacampus.org

Speaker:

Maribeth Gallagher

Dr. Gallagher directs Hospice of the Valley’s Dementia Program, which has received national and international awards for its innovative approaches to dementia care. She is a psychiatric nurse practitioner with a doctoral degree in nursing. Her commitment to improving dementia care was initially inspired by her own experience as a family caregiver, sharing the journey with her loved one from diagnosis to death.

Activities for your person living with dementia may be available while you attend any of these events. Please contact us, if needed.

For questions or to register: email DementiaCampusEvents@hov.org or call **(602) 767-8300**



**DEMENTIA CARE
and EDUCATION
CAMPUS**

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An innovation of Hospice of the Valley