



## Behaviors Have Meaning

Trying to understand the needs of someone living with dementia can be mystifying at times. Learning to interpret and respond effectively can make all the difference — vastly improving quality of life for everyone.

Join Maribeth Gallagher for an insightful presentation on decoding behaviors that indicate distress, and explore methods to maximize comfort and contentment.

Maribeth directs Hospice of the Valley's Dementia Program, which has received national and international awards for its innovative approaches to dementia care. Her commitment to improving dementia care was initially inspired by personal experiences as a family caregiver on a journey with her loved one with dementia, from diagnosis to death. She is a psychiatric nurse practitioner with a doctoral degree in nursing.



**Wednesday, April 21; 1–2 p.m. *or* Saturday, April 24; 10–11 a.m.**

**Register by contacting Celestina Duran: [ceduran@hov.org](mailto:ceduran@hov.org) or (602) 287-3915.** Event Zoom link and password will be emailed to you.

Reach our dementia team at **(602) 636-6363**.



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